A Guide from the Wellness Center Student Counseling Room

April, 2024 Keio University Shonan Fujisawa Campus(SFC)

*The staff at the Wellness Center aim to provide comprehensive assistance and to resolve with our students any problems they may encounter, so that our students may enjoy and get the most out of their time on campus.

*Whether about academics or your future, regarding relationships of family, friends or significant others, or concerning anxieties of a general nature, please feel free to visit us with problems regarding any aspect of your student life.

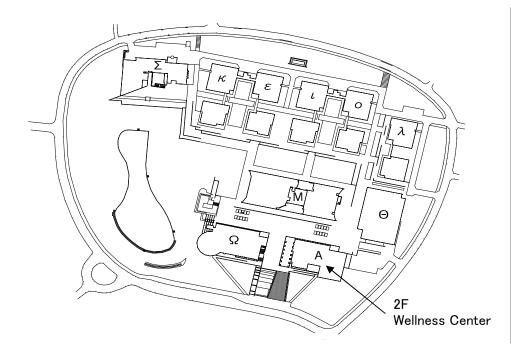
- *Strict confidentiality will be maintained.
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Contact Information for Appointments and Inquiries:

Reception: Weekdays 9am-5pm Location: α Building, 2nd Floor TEL: 0466-49-3411

Email: gakuseisoudan@sfc.keio.ac.jp

HP: https://counseling.sfc.keio.ac.jp/english.html



Counselor Office Hours

	Mon	Tue	Wed	Thu	Fri
Hours	Morning 9:00–12:00 Afternoon 1:00–5:00	Morning 10:00–12:00 Afternoon 1:00–5:00	Morning 9:00–12:00 Afternoon 1:00–5:00	Morning 9:00–12:00 Afternoon 12:00–5:00	Morning 9:00–12:00 Afternoon 1:00–5:00
Counselor	Sadayasu Suzuki Onishi Onoda	Sato Shimura Kurokawa* Yamada (FAL)	Suzuki Onishi Kurokawa*	Suzuki Kunitomi* Onoda	Sadayasu Shimura Yamada (SPR)

- •The Student Counseling Room is closed on Saturdays.
- •If your schedule does not permit otherwise, it is possible to schedule an appointment during lunch hours.
- •Online correspondence is also available.
- * Counseling in English is available as well, indicated by the asterisk.

<Our Counselors>

Akiko Onishi	: I practice psychological counseling in the field of parenting and education after some experience at medical and welfare areas. I enjoy physical activities such as tennis, badminton,		
	and mountaineering.		
Naoko Onoda : I work at a mental hospital as well. I hope to assist individual students in achieving			
	purposeful campus lives.		
Kanako	: I'm clinical psychologist licensed in California, U.S. I received training		
Kunitomi	in US and provide psychodynamic oriented psychotherapy in both Japanese and English.		
Takanori	: I'm a clinical psychologist licensed in the state of California, US. I provide psychodynamic		
Kurokawa	psychotherapy in both Japanese and English. My specialties include multicultural adjustment		
	issues, anxiety, depression, personality disorders, and romantic relationship/couples therapy.		
Gen Sadayasu	: A graduate of SFC, I lecture Shinshin-Wellness and Kokoro no Exercise. I enjoy watching		
	movies, outdoor activities and practicing yoga at home.		
Ayako Sato	: Being a SFC graduate myself, I would like to support your campus life. My areas of interests		
	include supporting cancer survivors, and working with survivors of natural disasters.		
Yuko Shimura	: I work at a hospital and a clinic as well. My hobbies are gardening, tennis and reading.		
Sonomi Suzuki	: I work in the field of medicine and welfare. In the welfare field, I have worked with women and		
	children. I enjoy making preserved foods and doing Yoga.		
Kazuko	: I became a clinical psychologist after 15 years of a company employee. I'm engaged in the		
Yamada	field of childcare & education as a counselor afther some experience in the medical field. I'm		
	interested in group dynamics & interpersonal relationships besides individual mental problem.		